

The National Audit of Cardiac Rehabilitation (NACR)

A Cardiac Rehabilitation (CR) programme starts and ends with an assessment to see how it can be tailored best to help you. Your CR team will give you a questionnaire as part of these assessments and this information is recorded along with information from your clinical assessment with a member of the CR team plus information about why you were referred for CR. This information is also used for the National Audit of Cardiac Rehabilitation (NACR).

You will be asked to fill in a questionnaire before (Assessment 1) and at the end (Assessment 2) of CR. The reason for collecting the data a second time is to measure what you achieve while attending CR, help set long term goals and, via NACR, help find ways to improve CR programmes and CR service provision both nationally and locally.

What happens to the information?

CR information is entered onto a database in the hospital and this is treated with the same level of confidentiality as all information you provide to your healthcare team.

The data is collected by Clinical Audit, NHS England (formerly NHS Digital) who hold data and information relating to health and social care ([Clinical Audit, NHS England](#)). They remove identifiable information and send it to the Cardiovascular Health Research Group at the University of York, who use the data for national, regional and local reports, and provide data for NHS England and other health organisations. You can see reports that have been published via the link below:

[NACR Reports](#)

NACR does not hold any personally identifiable data which means it will not share any personal data with any other person or organisation. Data, with patient identifiers removed, collected by NACR is used to assess the quality of CR, to improve service provision and clarify which factors determine the success of CR.

For further information please see our [Privacy Policy](#)

Who sees my information?

The hospital and CR staff who treat you, and approved staff at Clinical Audit, NHS England if necessary. NACR staff at the University of York see the same information but with all identifying information - Name/NHS Number/Date of Birth/Address - removed so they don't know who it is from.

Do I have to take part?

We know that not everyone is comfortable with their information being used in this way. If you are happy for your information to be used, you do not need to do anything. If you do **not** want your information to be used for NACR, you need to tell Clinical Audit, NHS England Enquiries team: enquiries@nhsdigital.nhs.uk or telephone: 0300 303 5678

Choosing not to be included in NACR will not affect your care.

National Data Opt-Out

The National Data Opt-Out (available to English patients only) does not apply to this audit. If you have used the National Data Opt-Out to stop your health records being shared for research and planning, **you still need to tell the Clinical Audit, NHS England Enquiries team if you do not want your information to be used in NACR.** More information can be found at: [Patient Choices](#)

